

**IAYP Trip to Camp Suriyagaon**  
**Guidelines for Students**

Dear Parents and Students,

Further to the circular shared on 7th May 2026, regarding the upcoming educational trip to Camp Suriyagaon, Saattal, Uttarakhand, from 21st to 23rd May 2026, kindly take note of the important information and guidelines mentioned below to ensure a safe, enriching, and enjoyable experience for all participants.

**Departure and Arrival Details:**

- Reporting Time: Students must report to school by 4:30 AM on Thursday, 21st May 2025.
- Departure Time: The bus will leave for Camp Suriyagaon at 5:00 AM sharp.
- Pick-up & Drop: Parents must arrange to drop and pick up their child from school.
- Arrival Back: Evening of 21st May (exact time will be shared via WhatsApp)

**Conduct and Safety Guidelines:**

Strictly Prohibited:

- Consumption of drinks, medicines, or any item without the teacher's permission.
- Clicking photos / posting photos without the consent of the individual (students or teachers).
- Any misuse of mobile phones or breach of conduct will result in severe disciplinary action, including suspension from school.

**Discipline:**

- Students must uphold the school's ethos and discipline throughout the trip.

**Dress Code & Appearance:**

- Students must be appropriately dressed at all times.
- ID cards and hand sanitizers must be carried. Face masks must be carried and used if required.

**Medical and Personal Safety:**

**1. Health Conditions:**

- If a student has any medical condition, parents must inform the class teacher in writing and submit a list of medications with a doctor's prescription.

**2. Belongings and Valuables:**

- Students are advised to travel light. There is no portorage available at the campsite.
- Students must take care of their belongings (mobile phones, money, cameras, etc.). The school or camp staff will not be held liable for any loss or damage.

**Things to Carry:**

- Light jacket, Stretchable trousers and upper (good for climbing and trekking)
- A pair of t-shirt, Comfortable **sports shoe** and a pair of floaters for river hikes. One torch with extra pair of batteries, Umbrella, Water bottle, Sun glasses, Caps, binoculars(optional), Personal toiletries- towel, bathing soap, Sunscreen, toothpaste, etc . Extra clothing and socks (weather in the hills can be unpredictable)
- One small backpack / daypack to carry stuff while on short walks.
- Avoid non-biodegradable items. If carried, students must bring them back.

We look forward to your cooperation in ensuring that this outdoor learning experience is safe, disciplined, and memorable for your child.

Warm Regards



**Mrs. Sharmila Raheja**  
**(Principal)**

## PROGRAMME ITINERARY

### Day 1: Arrival and Orientation (21<sup>st</sup> May 2026)

- 4:30 AM - Assemble at the School - Gather at the school with your gear and essentials. Make sure everyone is accounted for.
- 5:00 AM - Depart to Camp Suriyagaon - The bus departs for Camp Suriyagaon at 5:00 am sharp. Enjoy the journey and keep your belongings secure.
- 1:00 PM - Arrival and Program Orientation - Upon arrival, receive a program orientation and settle into your accommodation.
- 1:30 PM – Lunch - Enjoy lunch at the campsite's dining area.
- 4:00PM - Team-based **Bird Egg Hunt Game** around the campsite to encourage observation, teamwork, and exploration.
- Evening nature hike to a nearby cliff to witness a mesmerizing sunset and enjoy panoramic views.
- Bonfire evening with fun group games, interaction, reflection, and briefing for the next day's activities.
- 8:30 PM – Dinner - Group dinner at the camp's dining area
- 10:00 PM - Lights Out - Time to rest for the night after a full day

### Day 2: Adventure & Nature Exploration (22<sup>nd</sup> May 2026)

- Early morning bird-watching trail in small groups amidst the forest surroundings.
- Tea followed by preparation for the day's adventure activities.
- Breakfast at the campsite.
- Trek down to the Saattal lakes for water-based adventure activities.
- Activities in groups include:
  - Still water kayaking, Swimming , Trek to the waterfall, River crossing challenge
- Picnic lunch by the lakeside.
- Group rotation for activities after lunch.
- Early evening trek (approximately 1.5 km) back to the campsite.
- Musical jamming session with locally crafted acoustic instruments.
- Dinner and overnight stay at the campsite.

### Day 3 – Village Immersion & Departure (23<sup>rd</sup> May 2026)

- Early morning volleyball challenge and energizer activities.
- Packing up and tidying of tents to encourage responsibility and community living.
- “Earn Your Breakfast” village immersion activity:
  - Students visit nearby village homes in small groups.
  - Participate in daily household chores and interact with local families.
  - Experience rural lifestyle and community engagement firsthand.
- Breakfast after the village interaction.
- Hike back to the camp.
- Closing ceremony, reflection session, and goodbyes.
- Departure and journey back to the school campus.

## Meal Plan

- All meals and snacks are served buffet-style in the common dining area.

### Daily Meal Schedule

- Early Morning: Tea / Milk / Coffee / Cookies
- Breakfast: Around 8:00 AM
- Mid-activity Breaks: Juices, fruits, and light snacks
  
- Lunch: Around 1:30 PM (at campsite, village homes, or during excursions)
- Evening Snacks: Heavy snacks with tea/milk/hot chocolate around 5:30 PM
- Dinner: Around 8:30 PM

### Food & Nutrition

- Meals are prepared with a focus on nutrition, taste, hygiene, and variety.
- Cuisine includes a blend of local Kumauni, Indian, and Continental dishes.
- Special dietary requirements and food allergies can be informed in advance for appropriate arrangements.

**IAYP Trip to Camp Suriyagaon**  
**Consent Form**

**Parent/Guardian Undertaking for Outdoor Learning Program**

I, \_\_\_\_\_, parent/guardian of \_\_\_\_\_, student of Class \_\_\_\_\_, give my consent for my ward to participate in the **IAYP trip to Camp Suriyagaon, Saattal, Uttarakhand** from 21st May 2026 to 23<sup>rd</sup> May 2026. I have read and understood the instructions and expectations set forth by the school and agree to abide by them.

**1. Prohibited Items:**

- I ensure that my ward will not carry any alcoholic beverages, medicine, cigarettes, or any smoking-related materials during the trip.
- I understand that possession of any such items will result in disciplinary action, including removal from the trip and further action upon return.

**2. Food Restrictions / Medical Needs:**

- I will inform the class teacher in advance regarding any food allergies .
- If my ward requires medication, I will submit the medicine with a doctor's prescription and clear written instructions.

**Please complete the section below if applicable:**

<b>Allergy</b>	<b>Medicine Required</b>	<b>Dosage &amp; Instructions</b>	<b>Doctor's Name &amp; Contact</b>

**3. Behaviour & Conduct:**

- I have explained to my ward the importance of responsible behaviour and respectful conduct throughout the trip.
- They will follow all instructions given by the school staff, instructors, and local guides.

**4. Social Media Usage:**

- My ward will use mobile phones (if allowed) responsibly.
- They will not post photos/videos of the trip on social media without permission from school authorities.

**5. Emergencies & Responsibility:**

- In case of an emergency, I agree to come and pick up my child from the camp if instructed by the school.
- I understand that the school and its staff will take all reasonable care, but I take full responsibility for my ward's actions during the trip.

I hereby allow my child to participate in this outdoor learning experience and will support the school in ensuring the trip is safe, enriching, and disciplined for all students.

**Parent/Guardian Name:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Contact Number:** \_\_\_\_\_ / \_\_\_\_\_