

UTTAM SCHOOL FOR GIRLS

# E- NEWSLETTER

GRADE- V



## A GREAT HONOUR

We are proud to announce that our Principal, Mrs. Sharmila Raheja has been conferred with the CBSE Honour for excellence in teaching and school leadership 2021. A role model for students and teachers, Ma'am has empowered the school with her vision, indomitable spirit and passion.



# TOGETHER WE REJOICE

## Ode to Freedom- Independence Day

“The greatest gifts you can give your children are the roots of responsibility and the wings of independence.”

Uttam School for Girls celebrated the 75th Independence Day on 15th August 2021 with great patriotic fervour and zeal. The school Principal, Mrs. Sharmila Raheja and the headmistress Mrs. Arti Khanna unfurled the tricolour, followed by the National Anthem. It entailed a short celebration, including a dance performance showcasing the diversity of India and instrumental music, which was a fusion of guitar and tabla. Students and parents witnessed the program live on the Official Facebook page of the school.

The program concluded with students participating in an online art competition in which they made drawings related to the Independence Day.

**Nandini Tyagi**  
V-B

## The Bond of Love-Raksha Bandhan

‘Raksha Bandhan’ or ‘Rakhi’ is a special occasion to celebrate the virtuous bond of love between a brother and a sister, which is one of the deepest and noblest of all human emotions. To help students realize and understand the importance of Raksha Bandhan, a special class assembly was organized. We were also shown a beautiful story highlighting the sacred bond of love between a brother and sister. To commemorate this festival, a Rakhi making activity was organized for the students. We were first shown some amazing ideas to make eco-friendly rakhis at home easily by using ribbon, earbuds, paper, etc. I also made a beautiful rakhi for my brother and wrote a message for him. I thoroughly enjoyed this activity that tickled my creative side.

**Shivi Gupta**  
V-C

## World Dance Day

“Dance is the hidden language of the soul of the body.”- Martha Graham  
Dance is an art form which helps express the emotion of life and relaxes the mind, body and soul. International Dance Day is celebrated every year on April 29 throughout the world to pay tribute to this distinctive form of performing arts. Uttam School for Girls celebrated World Dance Day with joy and enthusiasm. This year we had an interactive session with Mrs. Abha Bansal, who is a kathak dancer. Abha ma’am also talked about different dance forms of India and showed some mudras specially done in Kathak. Students enjoyed the session a lot and also learned the significance of dance. After the interaction students wrote about what is the meaning of dance for them. I learned that the meaning of dance for me is fun, happiness and bonding with my cousins. We also drew a picture of the same.

**Aarna Bharadwaj**  
V-B

## Ganesh Chaturthi

Ganesh Chaturthi was celebrated with great zeal and fervor on 10th September 21 at Uttam School for Girls by the students of the Primary wing. Students of Grades 3-5 presented a beautiful assembly in which they explained the significance of the day. It was followed by a wonderful video tutorial of making the drawing of Ganesha in an eco-friendly way by using flowers and twigs.

It was a good learning experience for all of us. Special assemblies bring out the hidden talent of students where we can share our thoughts. It also allows us to conduct and lead the program, which is a good learning experience. We get responsibilities and have to coordinate with our friends and schoolmates, which builds in a feeling of collaboration and understanding.

**Ridhima Ruhi Harrison**  
V-C



## Mothers' Day- A bond unlike any other

Intending to imbibe family values in the tech-driven 21st century, the students of Uttam School for Girls celebrated Mother's Day on 11th May. Even in unprecedented times, the enthusiasm and zeal of the students were the same.

Students did activities like making lemonade, cookies, sandwiches, etc. for their mothers.

Later they made cards for their beloved mothers with a heartfelt message in them. The session was concluded by the teachers who talked about the role of mothers in a child's life.

**Sujata Gupta**  
V-B

## प्रसिद्ध रचनाकार मुंशी प्रेमचंद जी

दिनांक 31 जुलाई को उत्तम स्कूल फॉर गर्ल्स में कक्षा "एक से पाँच" की छात्राओं ने मुंशी प्रेमचंद जी का जन्मदिन बड़ी उमंग और आनंद के साथ मनाया। इस अवसर पर हम उनके जीवन और हिंदी जगत में उनके योगदान से भी परिचित हुए और साथ ही उनकी एक रचना "नादान दोस्त" के प्रस्तुतिकरण का आनंद भी उठाया। नाटक के माध्यम से हमने सीखा कि किसी भी कार्य को करने से पहले पूरी तरह सुनिश्चित कर ले कि आप जो कार्य कर रहे हैं, वह सही है या नहीं। बड़ों की अनुमति के बिना कोई काम नहीं करना चाहिए। इसके अतिरिक्त विद्यार्थियों ने एक रचनात्मक लेख भी लिखा जिसके अंतर्गत "धरती माँ की सुरक्षा का वचन" लिया। इस प्रकार विद्यार्थी उनके आदर्शों से परिचित हुए और उनके जीवन से प्रेरणा भी ली। भाषा के महान लेखक व नाटककार मुंशी प्रेमचंद जी को हमारा शत-शत नमन।

भारत के ही नहीं  
बने विश्व के सम्मान।  
सारी दुनिया गाती  
प्रेमचंद के यशगान।।

नवधा गोयल  
कक्षा - पाँच अ



# TOGETHER WE REJOICE

## World Environment Day

World Environment Day is celebrated every year on 5th June to raise global awareness to take positive environmental action to protect nature and the planet earth. It is a day that reminds everyone on the planet to get involved in environment-friendly activities. Keeping this aim in view, the students of Uttam School for Girls were briefed about the importance of this day in a special virtual assembly. The ideas and ways of saving the environment were shared by the students with their respective class teachers. Some are recycling old things and saving resources for the future generations, planting more trees, saying no to plastics, etc. The assembly concluded with the students taking a pledge to work towards restoring the ecosystem by making the Earth a greener and healthier place to live in.

**Pratibha Som**  
V-C



## International Yoga Day

We, at Uttam School for Girls, celebrated International Yoga Day on Monday, 21st June 2021 by conducting a special assembly. The school held a virtual yoga session, keeping in mind that Yoga is a boon and blessing not only for the body but also for the mind, soul, and internal peace. The theme for this year was 'Yoga for Well-Being', as the practice of yoga can promote the holistic health of every individual.

On this day, different activities were organized for students to highlight the benefits of yoga. Students also presented some yoga postures and 'asanas.' Through this assembly, we learned the many benefits of yoga, and that we Indians are fortunate to have the opportunity to imbibe this wonderful legacy given to us by our great ancestors.

**Ananya Pathak**  
V-B

## Paper Bag Day

On 12th July'21, students from grade V-A organized an assembly to celebrate Paper Bag Day. I was also a part of that assembly. In the Paper Bag Day Assembly, students highlighted the significance and advantages of the paper bag through placards and PowerPoint presentations that helped create awareness about using paper bags instead of plastic bags. A presentation was given on the invention of the paper bag, and it made us realize that its invention was a combined effort of so many people. To mark the day, students made paper bags using waste material. Students also took a pledge to say yes to paper bags over plastic bags. We all enjoyed making the paper bags, and it was a great learning experience for all.

**Siddhi Bisht**  
V-A

## Baisakhi

The students of Uttam School for Girls celebrated Baisakhi by organizing a virtual assembly on 13th April 2021.

Baisakhi is a spring harvest festival of Sikhs and Hindus. The students highlighted the significance behind the celebration of this vibrant festival.

There was also a lively Punjabi dance performance by the students of grade V-A, and I, too, got an opportunity to be a part of this event.

The students also became a part of fun-filled activities. We all wrote a paragraph on the topic, 'Baisakhi – Festival of India' and made drawings depicting how the festival is celebrated with a lot of zeal in India.

We all enjoyed the assembly and the activities and realized the importance of nature for our existence.

**Sadhika Sachdeva**  
V-A

## Hiroshima Day

Uttam School for Girls observed Hiroshima day on 7th August 2021. A virtual assembly was conducted by the students of all the sections of Grade V to sensitise everyone about the atomic bomb blast that took place in the Japanese city of Hiroshima, followed by another atomic bomb dropped on the city of Nagasaki in 1945.

Students presented a PowerPoint Presentation showing the significance of Hiroshima day. They gave information on the atomic bombing that took place in Hiroshima during the Second World War and the repercussions it had on the people. They highlighted the importance of peace and harmony for the betterment of humanity.

We also made origami paper cranes showing the Japanese symbol of peace and harmony.

A speaking skill activity was also organised where we shared our thoughts on "What peace means to me?" We shared our views on peace and world harmony.

It was a knowledgeable day for all the students. We also remembered and prayed for those who lost their lives in Japan. We also pledged to follow peaceful means and promote harmony.

**Radhika Krishna**  
V-A



## POWER OF WORDS

### The Simple Gifts

That gift is red,  
This card is blue.  
If I had one wish,  
I'd give it to you.

The simple gifts you get,  
When your birthdays are often set.  
All the special things in life,  
Everything feels just right.

I want these gifts to be yours.  
Each and every day.  
To them I add love and peace,  
Above all on your birthday.

**Pratibha Som**  
V-C



### Health is the True Wealth

Life is the most important thing,  
Nothing else matters in life, I hope  
you think!

Neither power nor money,  
Only healthy brain and body brings  
harmony.

Gold and silver are nothing,  
Healthy life is everything.  
If we will not take care of ourselves,  
We will always be sick in our beds.

How will we enjoy? I ask you.  
Playing with our puzzles and toys.  
How will we enjoy our childhood?  
When we will be tied to our beds in  
all likelihood.

So, eat fruits and healthy food.  
Pray and meditate for good mood.  
Prioritize your hygiene,  
Keep your surroundings clean.

And keep in mind,  
Health is the true wealth.

**Aarna Bhardwaj**  
V-B

### Cry of Animals

I am Tiger, I am Elephant and I am  
roaring Bear.

I have lost my family, but humans  
don't care.

I know I can't speak,  
But this is all true.

I cry, I hurt, and play and love.  
I have feelings just like you!

Stop treating me badly,  
Else, you will see me rarely.

Killing animals is not fun,  
So put your hands together to shun.

**Sujata Gupta**  
V-B



### Compassion

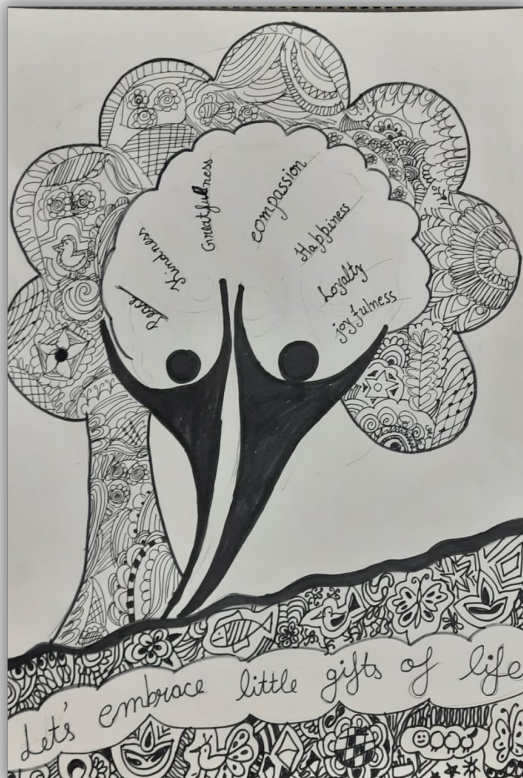
Compassion is at the heart of everything  
we do,  
Lending a helping hand or calling a friend  
out of blue.

Empathy is compassion and compassion  
is empathy,  
One act of kindness can fill everyone with  
ecstasy.

Compassion fills one's heart with joy  
Try it out and see how much you enjoy.  
Remember, it's a world standing on unity  
and love,

Practice it and you will find nothing  
tough!

**Ahana Lal**  
V-C



**"Poetry is an expression of the soul,  
and not simply measured by rhymes!"**

# The Coronian Era: Positive Impact Lockdown Has Had On Our Lives

The world has seen some shocking changes during the lockdown caused due to Covid- 19. It was difficult to imagine that the world would survive the pandemic. Just like any natural disaster that is suddenly unleashed upon us, the lockdown too came as a shocker. However, the lockdown seemed to be a good thing for the deadly global crisis- climate change. "We withdraw, the nature quickly takes over" is an appropriate statement to support this. With India under lockdown because of the corona virus outbreak the crowds of tourists who normally swarm the streets were gone and the pollution from cars vastly reduced. In cities across the world, the streets emptied, factories shut down, flights grounded, and there has been a significant drop in the pollution levels across the globe. These are some of the possibly beneficial effects on the environment of the pandemic.

The extra time on our hands benefitted human life the most. It gave us an opportunity to engage ourselves in doing various activities besides school activities such as washing car with dad, watering plants with grandfather, cooking delicious snacks with mom, listening to fun stories from grandmother and spending time with family.

We also got a chance to bond with our family members, know their childhood stories and play games that our parents used to play when they were kids. During the lockdown, we also got some extra time to learn new hobbies such as dancing, playing new instruments, and reading. Our hygiene discipline has also improved. When we go out, we use a mask, we wash and sanitize our hands after coming back. If we buy something, then we wash or sanitize it too before using it. Well, the pandemic has certainly improved the daily life in some way or the other, but we must be cautious, because these benefits could prove short lived.

**Aadya Chauhan**

V-A



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## Life During The Pandemic

Well, to start with keeping in mind the last one and a half year; life was Different! Our daily routines, choices, ways of entertainment and moreover our lifestyle changed.

Things were not at all easy in the beginning. As we became adapt to the new norms, things started turning out well. From longer and frequent family times to home cooked casseroles, the changes were many, from going out to malls and hanging out with friends to Face Time, the transition was accelerating. The bond between family members took a different shape as they sat together to watch mythological serials on T.V. The long-forgotten grandma recipes being tried and tested by the young generation helped a long way in reviving our dying culture, family values and inter-personal relationships.

The positive aspects were many but the best part lies in the newly strengthened bonds between families, neighbors and well-wishers.

**Kanishka Shukla**

V-C



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## Staying Fit During the Pandemic

This pandemic has changed many of our daily routines in a way no one anticipated. With this unprecedented lifestyle there has been shift to activities such as watching television, sitting while reading for long periods, or sitting at your computer for longer time than usual period. So, let me share some ways which I follow during this pandemic to keep myself healthy and fit.

I attend online classes and have to sit in front of the computer for a long time. Many of us can't even go outside to play. In this scenario, it's very important for all of us to take care of our physical health. To keep a track of how much time I spend in front of a screen, I plan my day in a way that includes time for physical activities as well. Every day, in the evening, I go to my terrace to play with my siblings.

Not only this, I am fortunate to be doing many physical activities such as dancing, yoga and aerobics in my online classes. This allows me to do many other things that I love like reading, painting etc. without compromising my health.

Along with exercises, we should also concentrate on our diet I always eat a good and balanced diet to keep my immune system strong. I eat a lot of juicy fruits for providing my body with calcium and vitamins. I also eat more of protein rich food like boiled eggs, milk, almonds, peanuts, pulses etc. I follow this diet chart and prevent fast and oily food.

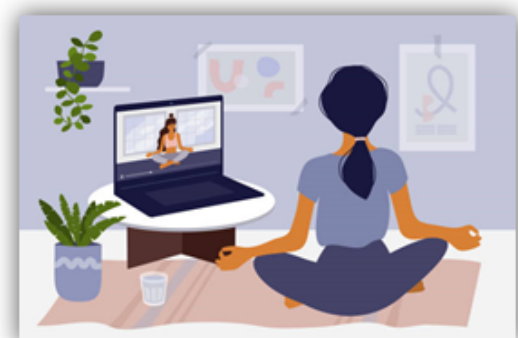
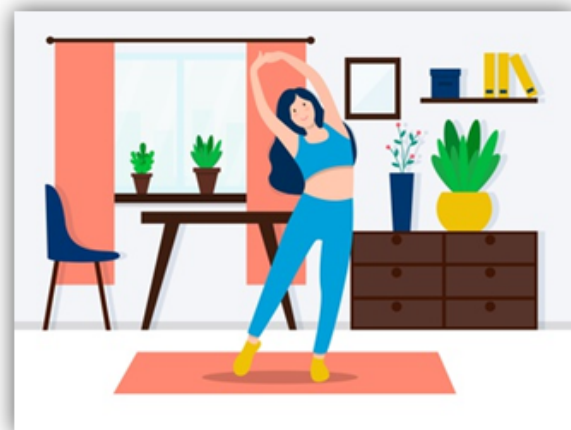
In this covid time, I have also realized that we should take enough sleep. I take almost 8 hours of sleep so that I am not stressed or anxious.

Now, when the covid cases are in control and my family is fully vaccinated, I sometimes go for a long walk and running. I follow all the precautions; I wear a mask, maintain social distancing and carry a mini sanitizer with me.

I believe it all comes down to regular exercising and eating healthy foods, as they are the only precautions. Let us stay positive as this is just a phase and all of us will come out of it stronger.

**Nandini Tyagi**

V-B



# WINNERS IN INTER-SCHOOL EVENTS



## Uttam School for Girls

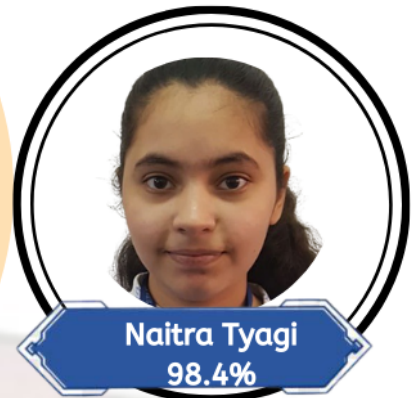
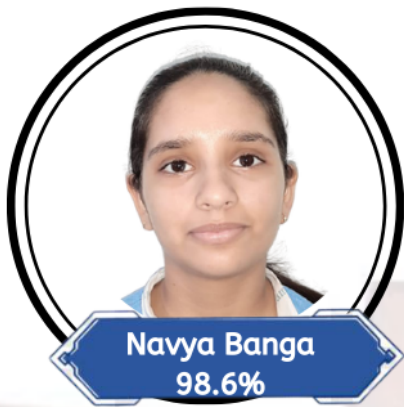
S. No.	Student Name	Class	Event Name	Organizer School	Award
1.	Akshara Arora	Prep	Cup of Happiness	Uttam School for Girls	1 <sup>st</sup> Prize
2.	Swara Upadhyay	I-B	The Puppet Master	Uttam School for Girls	2 <sup>nd</sup> Prize
3.	Aadya Vashistha	II-A	Fancy Dress	Kulachi Hansraj Model School	3 <sup>rd</sup> Prize
4.	Krishna Gupta	II-A	Posture Perfect - Yoga Competition	Delhi Public School Ghaziabad, International	3 <sup>rd</sup> Prize
5.	Akshita Chaudhary	II-B	My Happy Dish	Uttam School for Girls	2 <sup>nd</sup> Prize
6.	Prisha Garg	III-A	Sports Quiz	Delhi Public School Ghaziabad, International	2 <sup>nd</sup> Prize
8.	Divyanshi Bansal, Ruchika Saun	III-A	Poetry of the feet - Dance	Ahlecon International School	Consolation Prize
9.	Preksha Shishodia	III-B	Story Walk	Uttam School for Girls	1 <sup>st</sup> Prize
10.	Sharanya Jadon	IV-A	Codabit	Seth Anandram Jaipuria School	1 <sup>st</sup> Prize
11.	Aaradhya Singh	IV-A	Ras Anurag	Seth Anandram Jaipuria School	3 <sup>rd</sup> Prize
12.	Navya Agarwal	IV-B	Hasya Kavita	Uttam School for Girls	2 <sup>nd</sup> Prize
13.	Akshita Aggarwal	IV-B	The River Raconteur	Army Public School, Shankar Vihar	1 <sup>st</sup> Prize
14.	Sujata Gupta	V-B	Creative Canvas	Uttam School for Girls	1 <sup>st</sup> Prize
15.	Sujata Gupta	V-B	Jingle Mania - French/German Jingle or Song	Delhi Public School Ghaziabad, International	1 <sup>st</sup> Prize
16.	Sujata Gupta	V-B	Technovate	Seth Anandram Jaipuria School	2 <sup>nd</sup> Prize
17.	Pratibha Som	V-C	Ad Mad Show - Advertisement Designing	Delhi Public School Ghaziabad, International	3 <sup>rd</sup> Prize
18.	Hanshika Chaudhary	V-C	Talking Titans - English Declamation	Delhi Public School Ghaziabad, International	1 <sup>st</sup> Prize

"Believe in yourself and anything is possible."



# Uttam School for Girls

On 3rd August 2021, We were overjoyed at the exhilarating result of grade X which was released on CBSE website at 12 noon. Vandita Gupta topped the school with a remarkable 99.4%. Navya Banga stood second with an astounding 98.6%. Naitra Tyagi lead 3rd with 98.4%.



44 students secured 90 % and above  
17 students scored 95% and above

No. of Hundreds : 29  
School Average: 90.2%

## Subject toppers

English	German	Hindi	Spanish	Sanskrit	Maths	Science	SST
Vandita Gupta Navya Banga Naitra Tyagi Pavani Nanda Sakshi Singh Tiya Singh Arya Mall Visen Aalya Bagga Saumya Tayal Drishti Sharma	Shivali Agarwal  Tiya Singh	Devanshi Sharma Yahavi Sharma	Pavani Nanda Prisha Singhal	Sakshi Singh Vandita Gupta Naitra Tyagi Sahana Tyagi	Vandita Gupta Navya Banga Pavani Nanda Prisha Singhal Shivali Agarwal Aakshi Saxena Ishika Garg Anushka Gupta	Vandita Gupta Naitra Tyagi	Vandita Gupta
(100)	(98)	(100)	(98)	(100)	(100)	(98)	(99)



# Uttam School For Girls

*A Little Progress Each Day Adds Up To Big Results*

## Remarkable result by Uttam Girls in the AISSCE 2020-21



Priya Tyagi  
97.6%(Humanities)



Prachi Agarwal  
97.6%(PCM)



Shubra Jain  
97.4% (Humanities)



Disha Tewtia  
97.4% (PCB)



Arya Goyal  
97.2% (Commerce)

English	Economics	History	Maths	Pol. Sci.	Psychology	Home Sci	Physics	Accounts
APOORVA JAIN DISHA TEWTIA DIVYA AGARWAL HIMANI KAUSHIK KANISHKA BATHLA KANISHKA GARG PRACHI AGARWAL SAUMYA RAI VARNIKA BHARDWAJ MANYA AGARWAL PRIYA TYAGI SHUBHRA JAIN (100)	PRIYA TYAGI SHUBHRA JAIN HIMANI KAUSHIK            (100)	PRIYA TYAGI SHUBHRA JAIN            (100)	PRIYA TYAGI            (100)	ASNANYA SINGH AKSHRA CHAUDHARY            (99)	Anvesha Verma ASNANYA SINGH HARNOOR KAUR ANTRA TYAGI SHREYA TALWAR            (99)	ANSHIKA SHARMA            (99)	DISHA TEWTIA APOORVA JAIN            (99)	ARYA GOYAL            (99)
Painting	B.St.	Chem	Biology	Comp Sci	Dance	Music	FStd	BioTech
SHIVANGI YADAV            (100)	ARYA GOYAL NANDINI PANDEY DRISHTI SHARMA KANAKSHREE ARORA            (99)	DISHA TEWTIA APOORVA JAIN PRACHI AGARWAL            (99)	DISHA TEWTIA YASHI TYAGI MANOGYA HANDA DIYA AGARWAL            (99)	GARIMA SHUKLA RIA TYAGI            (99)	MANOGYA HANDA VIDHI WADHAWAN            (99)	SRISHTI BHATNAGAR VANSHIKA RAWAT            (99)	PRIYANSHI MAHESHWARI            (98)	Deepanshi            (95)

Pass Percentage : 100

School Average: 90.6%

28 students scored 95%

66 students secured 90 % and above