



The Uttam Upbeat!

Grade IX

This newsletter presents The Uttam School Story to our readers. We innovate and create events and functions to include everyone. We strive with sincerity and uphold our school values of compassion and honesty. You will find us in our articles and reports and know that our students' activities are all student-centered. I am very proud of Vanshika Garg, who scored a brilliant 499/500 this year and then aced CUET. Also, I am just as proud of all my students who overcame adversities and challenges and did their best. Each day at Uttam School is for learning and growing. If you, dear reader, have participated, then please analyze and plan to raise the bar the next time. If you did not participate, then read to know how. Also, read to know your own feelings and reactions!



Ms. Sharmila Raheja
Principal

We are thrilled to present the latest edition of Uttam Upbeat newsletter to everyone. This year has been filled with a plethora of exciting activities and celebrations that kept us engaged and motivated throughout. The newsletter serves as an excellent platform for us, students to showcase our creative talents and express our thoughts on the events that have transpired over the past year. This is an integral part of our personal development, and we are proud and grateful to be provided with this opportunity.

We extend our heartfelt thanks to all the students and teachers who have contributed to the success of this initiative. Without their dedication and support, this would not have been possible. We are especially grateful to the students who have taken the time to share their insightful write-ups, and to all the readers who have shown their support by reading and appreciating our efforts.

We look forward to bringing you more exciting news and events in the future, and we hope that you continue to support us in our journey towards excellence. Thank you once again!

Editorial Team

ANOTHER FEATHER IN OUR CAP

EDUCATION WORLD INDIA SCHOOL RANKING 2022-2023

Uttam School has been ranked the number 1 Girls School in Ghaziabad, number 2 in Delhi NCR and ranked amongst the elite top 10 in the country by Education World India School ranking 2022-2023.

"A winning effort begins with preparation." - Joe Gibbs

The award is a validation of our commitment towards excellence and in the pursuit of knowledge.

The Principal, Ms. Sharmila Raheja and Headmistress, Mrs. Arti Khanna accepted the award on behalf of the Uttam family.

The school professes its gratitude towards the teachers, students, parents and staff members for being a part of this journey and making this feat possible.



Mehak Goel and Divyanshi Nangia
IX C

IKIGAI 2.0

A person's ikigai can be anything: a passion, a dream, or a mission, among others. It is something that gives you a reason to get up every morning. IKIGAI is what motivates you to keep going and gives you the drive to do something in pursuit of the same.

Uttam School For Girls invited several schools to the IKIGAI fest to be held on December 21, 2022, to empower and strengthen their spirits. This comprised of fun-filled activities planned for students ranging from grades III - XII. Themed on Indian art forms, the fest acted as an opportunity for students to dive deep into the world of paintings through the dimensions of art. IKIGAI encouraged students to research and grab information about their art-inspired heritage, which has been left undisclosed for ages. Several schools participated in it, making it a great success.

Swarnima Jain
IX C



UTTAM MUN 3.0

Uttam School For Girls organized Uttam MUN 3.0 under the motto 'Ad Meliora' on November 1st and 2nd, 2022. The 2-day event was organized for students of grades IX-XII. The committees brought forward were based on current or global issues across the world like the United Nations Human Rights Council, World Economic Forum, All India Political Parties Meet and International Press. The sessions were very informative and helped develop the overall personality of the student improving their skills of public speaking, taking good decisions quickly, and researching in-depth with great communication skills. The event was successfully conducted and just like the meaning of its motto 'Ad Meliora', it helped get towards better things.

Anushka Singh
IX C



AZADI KA AMRIT MAHOTSAV



Uttam School for Girls celebrated Azadi Ka Amrit Mahotsav to commemorate 75 years of India's independence. by organizing a series of activities, including a quiz competition and Independence Day celebrations. The school also had organised several class activities, such as designing cards with gratitude messages for unsung heroes of the freedom struggle and team-building exercises. The highlight of the celebration was when the students formed the shape of '75' to symbolize India's 75 years of independence. The event ended on a positive note, with the students remembering and honoring the sacrifices of the brave heroes who fought for India's freedom.

Shivangi Raizada
IX A



JOY OF GIVING: CHRISTMAS

Just like every year, the Christmas Spirits at Uttam School for Girls brought exuberance to all. The Christmas ornaments adorning the classroom doors were as pretty as a picture and euphoria graced every single face. To express their heartfelt gratitude towards their peers and teachers, students designed hand-made bookmarks and planned a class party to celebrate the occasion. The celebrations were accompanied by a delightful Christmas assembly conducted by the Primary wing where we got to be a part of their melodious carol performances, followed by students speaking about the real meaning of Christmas. It was an absolutely wonderful day and at last, ended with incredible presents and blessings from Santa himself.

Unnati Agarwal
IX B

WALK-A-THON



Uttam School for Girls organised "Walk-a-thon" on 18th December, 2022, with the vision of encouraging every citizen to adopt a healthier and active lifestyle.

The event was flagged off by the Hon'ble Commissioner, Nagar Nigam, Ghaziabad, Dr. Nitin Gaur who spoke about importance of waste segregation and informed the students about the safe disposal of e-waste.

The event saw enthusiastic participation of students from grades IV to XII along with their parents.

It was a great event students were provided with walk-a-thon t-shirts. The distance covered by the students of grade 6th to 12th was 2.5km and for grade 4th to 5th was 1.5km. The event concluded after the prize distribution. It was a great opportunity to participate in this event as we got some fruitful learning as well as encouragement about healthier lifestyle.

Luvi Chandela
IX C

JONQUIL 2.0

~OF LORES AND LEGENDS!

Literature is the language of the thinker and the weapon of the believer. It is the virtue of the writer who pens down history and conceives the future.

Uttam School for Girls organized the second edition of its mega literary fest JONQUIL on the 19th and 20th of October 2022. This fest was dedicated to the loving memory of our esteemed Director, the Late Bhusry Ma'am, a literature maestro who mentored generations of students to appreciate English literature. Woven around the theme "2021 is the New Renaissance" the Literary Fest comprised of competitions catering to multiple dimensions of learning. This two-day interschool event provided the students, a platform to showcase their ability to play with words and express their emotions. This event was a huge success, with enthusiastic participation from various schools across Delhi-NCR.

Nandini Paliwal
IX A



GURUPURAB CELEBRATIONS

Uttam School for Girls celebrated Gurupurab, the birth anniversary of the first Sikh Guru, Guru Nanak Devji, with devotion and admiration. The students were enlightened about the Guru's life and teachings, emphasizing the values of honesty, kindness, compassion, and respect for all religions. The celebration concluded with the distribution of prasad, symbolizing spiritual blessings and purification. The school successfully conveyed the message of Guru Nanak Devji's teachings and inspired the students to uphold the values of love, respect, and compassion in their daily lives.

Kaushiki Shukla
IX B



INTERNATIONAL YOGA DAY

On the occasion of International Day of Yoga 2022, a total of 100 students from Uttam School for Girls participated in the celebration of 'Yoga for Humanity' at Red Fort, New Delhi. The event was organised by Ministry of AYUSH in collaboration with Patanjali Yogpeeth. Acharya Balakrishan, Director, Patanjali Yogapeeth were the Chief Guest and the event was initiated by virtual address by the Prime Minister, Mr. Narendra Modi.

On this occasion, a total of 10,000 participants from across the nation put up a synchronised demonstration of Yogic Asanas following the Common Yoga Protocol.

Mannat Veerwal
IX C



YOUTH THINKERS CONVOCAION 2022-2023

Youth Thinkers Convocation was a 2-day event held in Uttam School For Girls on August 17,22. It was a platform which discussed pertinent social issues and provided innovative solutions through nuanced discussions.

The theme of the event was HUMANITY LIES IN HARMONY. There were 4 YCs (Youth Committees) which focused on different issues in the present day. The 4 YCs were YC - 1: The LGBTQI Community in the present day,

YC - 2: Addiction in Youth, YC - 3: POCSO (Protection Of Children From Sexual Offences) and YC - 4: Overcome Bullying. Be A H.E.R.O -HELP, EDUCATE, REPORT, OVERCOME. During the event's first day, we discussed our given topics. The next day, the delegates presented their respective topics on stage by showcasing the problem in front of the audience and judges. At last, YC 4 was declared the winner. There were many other recognitions like best delegate etc. Indeed, it was a great event filled with learning.

Shubhangi Mishra
IX C

SESSION ON CHILD AND WOMEN SAFETY

'On May 28, 2022, Uttam School for Girls celebrated International Women's Health Day by hosting an interactive session with Dr. Shashi Arora, a gynecologist, on the importance of maintaining proper hygiene and protection against bacterial or fungal infections. The event proved to be a great opportunity for participants as they gained insights on maintaining a healthy and balanced lifestyle to avoid various health concerns.

In conclusion, the event was a great success and proved to be a valuable learning experience for the participants.

Rishika Bansal, Ishita Gupta and Samriddhi Tomar
IX C



YOGOTSAV

"Yoga is not about touching your toes. It is what you learn on the way down."

As a countdown to International Yoga Day, our school, along with other schools, organized Yogotsav on the 20th of May in collaboration with the Ministry of Ayush and Moraji Desai National Institute of Yoga. The countdown was a part of the celebration of the 75th year of independence, the Azadi ka Amrit Mahotsav.

The program started with the lighting of the lamp and a message given by Dr. Ishwar V. Basavareddi, the director of Moraji Desai Institute followed by some common yogic exercises and asanas. The program concluded with an inspirational talk by Indu Sharma, a yoga expert from Moraji Desai Institute, and students pledged to integrate yoga into their regular schedules.

Vaidehi Pal
IX C



WE SALUTE OUR MENTOR'S: HAPPY TEACHER'S DAY

Teacher's Day is a special occasion to celebrate the invaluable contributions of teachers in shaping our lives. At Uttam School, the day was marked by a special assembly that began with a delightful performance by the choir group, which filled the day with joy and energy.

The festivities continued the next day with an exciting Zumba session in the school's auditorium. Two experienced instructors led the enthusiastic students in an exhilarating dance session that was filled with joy and fun. The day ended with the heart-warming sight of the teachers' smiling faces, which filled the students' hearts with happiness and gratitude.



SHRAVYA TYAGI
IX A

WORLD HEALTH DAY

'On May 28, 2022, Uttam School for Girls celebrated International Women's Health Day by hosting an interactive session with Dr. Shashi Arora, a gynecologist, on the importance of maintaining proper hygiene and protection against bacterial or fungal infections. The event proved to be a great opportunity for participants as they gained insights on maintaining a healthy and balanced lifestyle to avoid various health concerns.

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Darshika Gupta
IX C

MARKING GANDHI JAYANTI: PROMOTING VALUES OF PEACE & NON- VIOLENCE

Every year on October 2, we celebrate Gandhi Jayanti to mark the birthday of the 'Father of the Nation'. Mahatma Gandhi is known for his unparalleled contribution to the Indian freedom struggle. Interesting activities like poetry writing, slogan writing and skits were organized to sensitize us towards the values of peace, brotherhood, and non violence.



Darshika Gupta
IX C

LET'S ALL LIGHT THE LAMP OF GOODWILL: HAPPY DIWALI

Diwali in Uttam School for Girls is not only a celebration of the festival but honouring the light that emanates from within. This year, we displayed our creativity through our brushes in our State Rangolis as well as our Kulhads. We savoured the delectable sweets and other food from various well known food joints. The highlight of the entire celebrations was being able to contribute to the wonderful kids of ANAND foundation who made us realise the festival was not all about the lovely diyas, but about hope, joy and keeping the lamp of goodwill lit.



Kaushiki Shukla
IX B

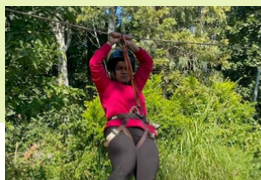
BONDING WITH BUDDIES- SCHOOL EDUCATIONAL TRIPS

Uttam School has always placed emphasis on learning beyond the classroom through fun trips and expeditions. In 2022, the school organized some exciting trips for students of different grades.

The students of Grade XII were taken on a two-day trip to Jaipur, while the students of Grades XI and X had a wonderful experience on a three-day trip to Kyari Camp in Syat. The students of Grade IX were taken to the magnificent Taj Mahal, and the students of Grades VI to VIII went on a marvelous trip to explore the historic monuments of Delhi.

These trips were filled with exciting activities, expeditions, and beautiful memories that students and teachers alike will cherish for a long time. They not only offered opportunities for fun and adventure but also helped students gain a deeper understanding of the history and culture of the places they visited.

Swasti Agarwal
IX A



FUN WITH TOONS : MR. AJIT NARAYAN

Uttam School for Girls organized a Cartoon Making workshop by Mr. Ajit Narayan at School . Mr. Narayan has an experience of more than 14 years in the field of cartooning. Students were engaged in cartoon drawing using simple tips and tricks.

The workshop turned out be an extremely enriching and interesting one for all of us.

Avishi Singhal
IX A