



UTTAM SCHOOL FOR GIRLS

presents



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ONE EARTH • ONE FAMILY • ONE FUTURE

YOUTH THINKERS CONVOCATION



22nd-24th August 2023



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CONTENT INTRODUCTION



FOREWORD

Dear Delegates

We extend our warm greetings and express delight in announcing the second edition of the Youth Thinkers Convocation (YTC). Building upon the resounding success of its inaugural edition, this event promises to be an invigorating experience for all our youth leaders.

The Youth Thinkers Convocation is a dynamic gathering of young minds, to debate issues of international significance and implement innovative and rational ideas in society. This event presents an incredible opportunity to freely express your thoughts, engage in meaningful discussions, and connect with like-minded individuals to be the catalysts of change in society.

We eagerly anticipate the active involvement of each delegate in fruitful dialogues that facilitate the development of new connections and foster collaborative relationships with fellow delegates from other schools.

**Warm Regards
Core Team**



THE THEME



Young leaders today hold the key to shaping a brighter tomorrow. They showcase remarkable adaptability and an unwavering passion for initiating positive changes. Recognizing their immense potential and the urgent need for global action, the theme of Youth Thinkers Convocation 2.0 is 'Ascend and Amplify: A Journey of Empowerment.'

The term 'Ascend' and 'Amplify' is a clarion call encouraging the youth to recognize their true potential and seize the opportunity to transform the world. As India prepares for the G20, Delhi Summit, this year's YTC topics will set the tone for engaging deliberations of the G20 2023 themes.

The event aims to foster collaboration, facilitate meaningful discussions, and nurture the generation for innovative solutions. Our theme is a constant reminder of our vision: Empowering the youth to make a lasting impact on the world, thereby contributing to a brighter and more promising future for all.



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CONVOCATION OUTLINE



DAY 1

EVENT	TIME SLOT	VENUE
Registration	8:00AM-8:15AM	Reception
Opening Ceremony	8:15AM-9:15AM	Auditorium
Convocation briefing	9:15AM-9:30AM	Auditorium
Kick starters	9:30AM-9:50AM	Allotted Rooms
Brainstorming Session - I	YC 3,4,7,8 : 9:50AM- 10:55AM YC 1,2,5,6: 9:50AM- 11:20AM	Allotted Rooms
Break	YC 3,4,7,8: 11:00AM-11:20AM YC 1,2,5,6: 11:25AM-11:45AM	Canopy
Brainstorming Session - II	YC 3,4,7,8: 11:25AM-12:40PM YC 1,2,5,6: 11:50AM-12:40PM	Allotted Rooms
Group Photograph	12:45PM-1:15PM	Auditorium
Debrief	1:30PM	Auditorium



DAY 2

EVENT	TIME SLOT	VENUE
Reporting time	8:00AM	Reception
Brainstorming Session - III	8:30AM-10:00AM	Allotted Rooms
Presentation Preparation	10:00AM-10:15AM	Foyer
Intra-YF Presentations	YC 1,2,5,6: 10:15AM-10:55AM YC 3,4,7,8: 10:20AM-11:20AM	Foyer
Break	YC 1,2,5,6: 11:00AM-11:20AM YC 3,4,7,8: 11:25AM-11:45AM	Canopy
Brainstorming Session - IV	YC 1,2,5,6: 11:25AM-12:55PM YF 3,4,7,8: 11:50AM-12:55PM	Allotted Rooms
Group Photograph	1:00PM-1:15PM	Auditorium
Debrief	1:15PM	Auditorium



DAY 3

EVENT	TIME SLOT	VENUE
Reporting time	8:00AM	Reception
Presentation Practice	8:10AM-8:35AM	Allotted Rooms
Final Presentations	8:35AM-10:15AM	Auditorium
Break	10:20AM-10:40AM	Canopy
Finale and Results	10:45AM-11:30AM	Auditorium
Enchanted Eleganza & Group Photos	11:35AM-12:30PM	Auditorium
Debrief	12:35PM	Auditorium



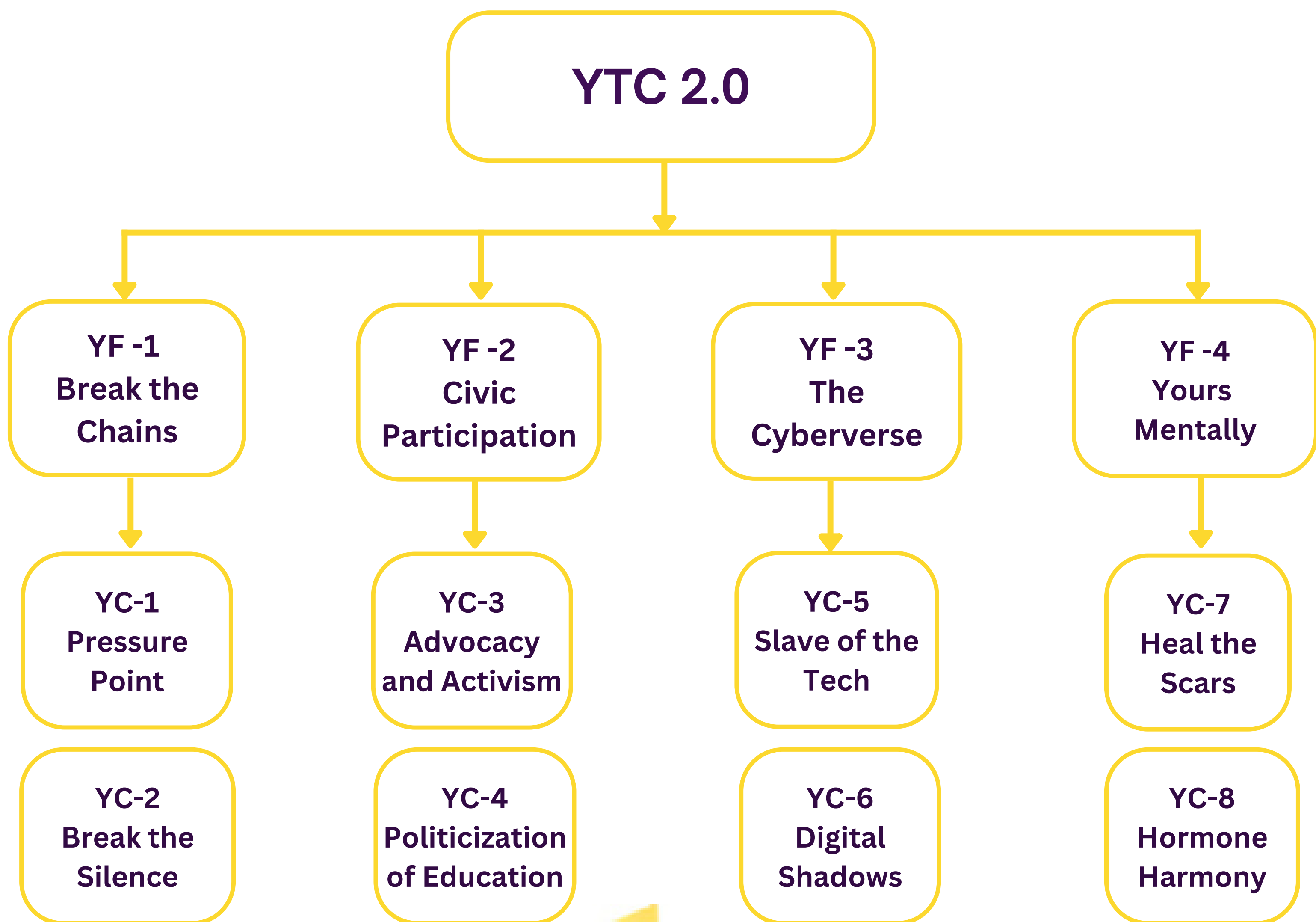
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CONVOCATION STRUCTURE



CONVOCAATION STRUCTURE





CONVOCAATION STRUCTURE

YF - 1 Break the Chains

YC - 1 PRESSURE POINT

- Discusses the causes and effects of the societal, academic and peer pressure today's youth goes through.
- Delegates are expected to deliberate over the mindset of pressurized teenagers, identify the problem and come up with a practical solution for the same.

YC - 2 BREAK THE SILENCE

- Discusses the physical and verbal abuse teenagers go through.
- Delegates are expected to deliberate over the life of teenagers who go through abuse and suggest rational solutions for the same.



CONVOCAATION STRUCTURE

YF - 2 Civic Participation

YC - 3 ADVOCACY AND ACTIVISM

- Discusses essential components of civic participation, aiming to bring about a change by addressing systemic issues, challenging the status quo, and promoting the interests of marginalized communities.
- The delegates may explore various social, political, or environmental issues and work together to advocate for positive change.

YC - 4 POLITICISATION OF EDUCATION

- Discusses political interference in education system.
- Delegates are expected to discuss the effects of political interference in the education system on youth, identify the root problem and propose a solution for the same.



CONVOCAATION STRUCTURE

YF - 3 The Cybervers

YC - 5 SLAVE OF THE TECH

- Discusses about the youth turning to a slave of the technology and getting addicted to it.
- Delegates are expected to explore various aspects of being the 'slave of the tech', and come up with a solution regarding all those issues as a whole.

YC - 6 DIGITAL SHADOWS

- Discusses about the shadowy side of technology including lack of privacy, cyberbullying and much more.
- Delegates are expected to identify the various 'shadows' online and come up with an effective way to tackle them.



CONVOCAATION STRUCTURE

YF - 4 Yours Mentally

YC - 7 HEAL THE SCARS

- Discusses self harm.
- Delegates are expected to deliberate upon the life of teenagers who practice self harm, identify the root cause and propose a solution to promote healing.

YC - 8 HORMONE HARMONY

- Aims to destigmatize changes in teenagers during puberty.
- Delegates are expected to discuss why the changes during puberty are considered a taboo, and come up with a way to destigmatize them.



CONVOCATION PROTOCOLS

LANGUAGE

- All presentations shall be delivered in English.

ATTIRE

- Participants should be dressed in their school uniform with I-card on day 1 and 2. On day 3 participants may wear YTC T-shirts.

CODE OF CONDUCT

- All delegates should be respectful to the facilitators and teachers at all times.
- During the committee proceedings delegates are expected to keep the sensitivity of the issues in mind and proceed with empathy.

KINDLY NOTE:

- Photographs taken during the 3 day convocation can be used for social media posts.
- Participating school are requested to carry only one laptop for research purposes.



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DELEGATE HANDOUTS



YF 1
BREAK THE CHAINS



YF - 1
BREAK THE
CHAINS



YF - 1

BREAK THE CHAINS

Youth Forum 1 aims to promote the concept of "Breaking the Chain" as a powerful symbol of liberation from negative or toxic life patterns, behavioral norms, and societal pressures. This metaphor represents freeing the youth from various forms of oppression and conformity that hinder the youth's potential for success, progress, and happiness. By fostering empowerment, freedom, and resilience, YF1 encourages young individuals to actively confront limitations and pursue positive growth.

Given that G20 countries comprise a significant proportion of the global youth population, the policies and decisions they make profoundly impact the lives of the younger generation. As a result, the G20 plays a crucial role in shaping global policies and coordinating efforts to address challenges faced by the youth, thereby creating a more favorable environment for their growth and development.

By bridging the gap between the youth and influential global platforms like the G20, YF1 aims to break down barriers and create an atmosphere conducive to positive change. By promoting mindful dialogue and advocating for the well-being of young individuals, YF1 seeks to empower them to overcome obstacles and shape a brighter future for themselves and the generations to come.



YC - 1

PRESSURE

POINT



YC - 1

PRESSURE POINT

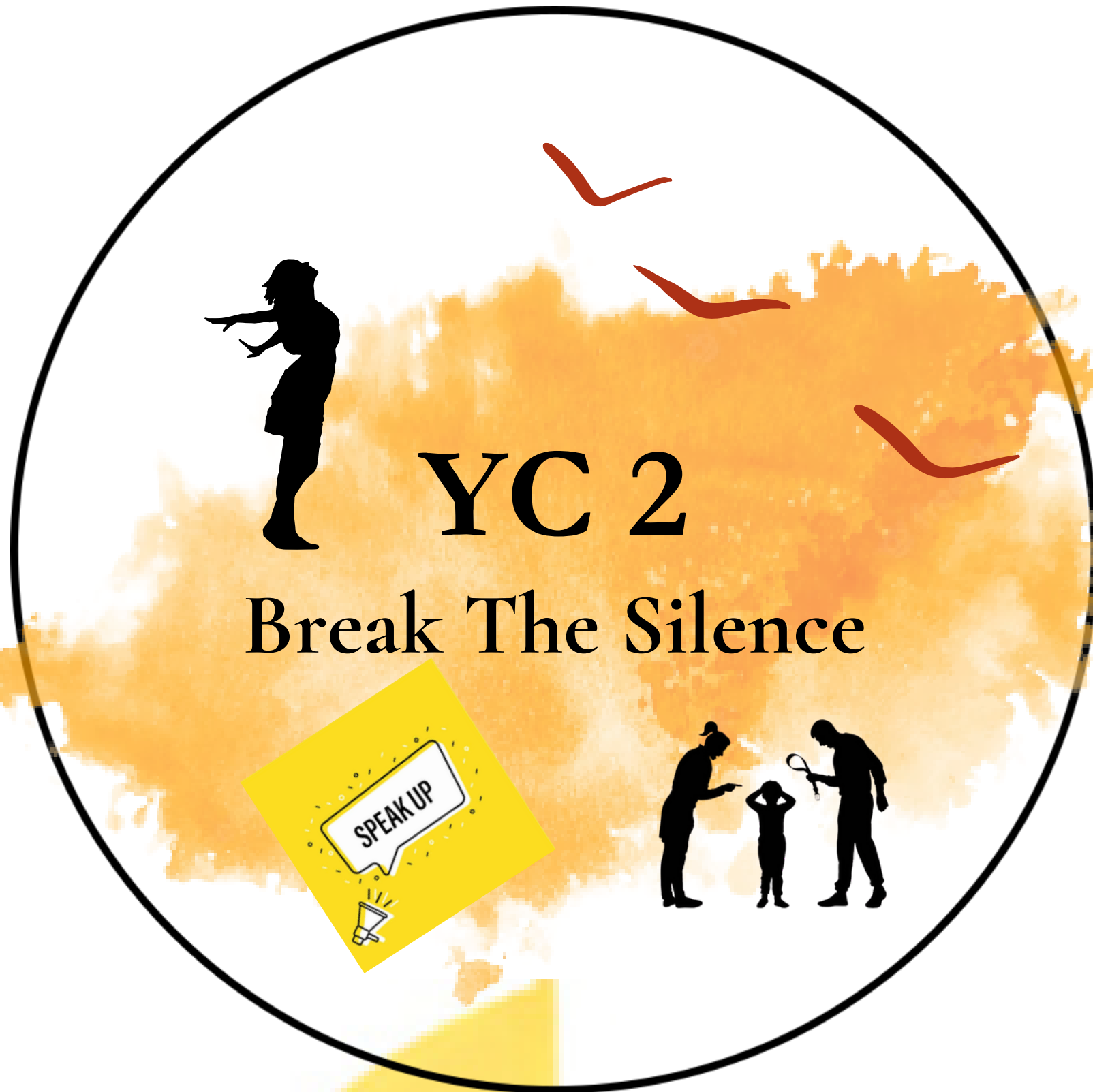
Society has created rules that it expects us to live by.

Sometimes due to these immense societal expectations, one might feel burdened and start looking down upon themselves. It further diminishes the sense of freedom which prevents us from living on our own terms. Sometimes, we may not be able to cope with such expectations which leads to depression or in some cases behavioral problems.

A study was conducted by WHO on global suicide rate in older adolescents(15-19 years) in its 90 member countries. The results showed suicide as the fourth leading cause of death amongst older adolescents. Social and peer pressure is cited as one of the biggest causes of suicide.

The G20 also recognizes mental health and well being, protection of human rights, addressing of gender disparities and empowering women as important societal issues. This encompasses combating societal pressure that leads to human rights abuse and discrimination among the youths. The G20 also places importance on social inclusivity and holds discussions for the same.

As young thinkers, delegates of YC1 will engage in brainstorming sessions aimed at eradicating this societal pressure.



YC - 2

BREAK THE

SILENCE



YC - 2

BREAK THE SILENCE

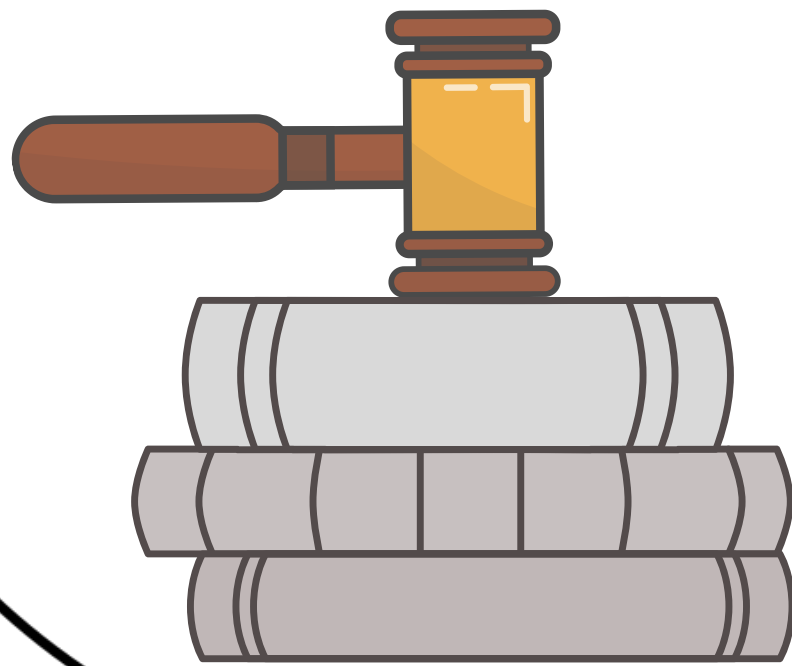
"The term "Break the Silence" bears enormous relevance when it comes to mental health in a society where conformity is supreme. Today's generation often finds itself restricted by cultural expectations and pressured to conform to predetermined molds. The stigma and suffering, however, only continue if we remain silent about our difficulties with respect to our mental health. When we have the courage to express our uniqueness and speak up about mental health, we make an influential change-call, initiating discussions that dismantle injustice and foster compassion, understanding, and empathy. It's not only about voicing society's issues ; it's also liberating ourselves from the secrecy that has suppressed mental health concerns for too long. A survey conducted by UNICEF reveals that 14% of the youngsters aged between 15-24 often feel depressed.

Highlighting the alarming increase in the mental health challenges among youth, the G20 summit event emphasises global action for promoting adolescent mental health. Themed "Health of Youth, Wealth of Nation," the convention serves as a pivotal platform for the delegates of YC2 to engage in discussions on various abuses teenagers endure and the impact of such abuse on their mental well-being.

With unwavering determination, the delegates of YC2 are forging a path towards a more compassionate and hopeful society, where every individual can thrive and reach their full potential.



YF 2
CIVIC PARTICIPATION



YF - 2

CIVIC

PARTICIPATION



YF - 2

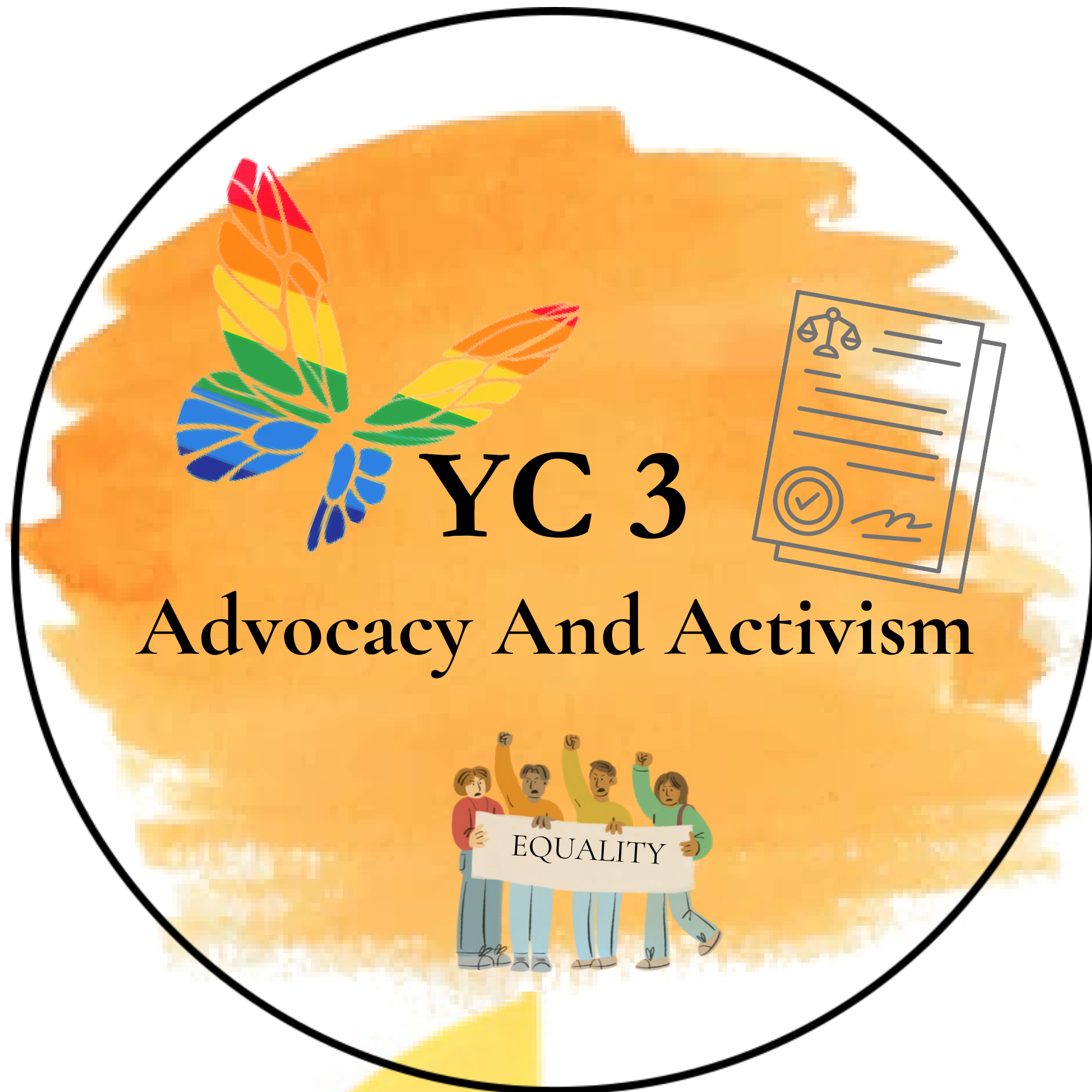
CIVIC PARTICIPATION

Civic participation is crucial for a thriving democracy as it empowers individuals to engage in decision-making processes and shape their societies. It enhances democratic governance by fostering transparency, inclusivity, and responsiveness to citizens' needs. It strengthens democratic legitimacy and allows ordinary citizens, civil society organizations to contribute their expertise. Furthermore, it brings diverse perspectives to the table, including marginalized groups, indigenous communities, and especially youth.

Within the Group of Twenty, civic participation plays a significant role in strengthening decision-making. The G20 serves as a platform for cooperation and consensus-building among major economies, addressing diverse issues such as economic growth; and voice and participation of different communities. It has also created a number of initiatives to promote youth civic participation, including the Y20 Summit and the Think20 Forum.

Moreover, civic participation positively influences youth by empowering them, fostering active citizenship, skill development, social awareness, and long-term engagement in shaping their communities and societies.

Delegates are expected to deliberate upon advocacy and activism for marginalized communities within the G20 context and conduct research on political intervention in education. By addressing these topics, they can explore how civic participation can address inequalities and ensure that the voices of marginalized groups are heard.



YC - 3

ADVOCACY

AND ACTIVISM



YC - 3

ADVOCACY AND ACTIVISM

Since the advent of civilizations, social movements have played a crucial role in bringing a change in various notions. People around the globe have engaged in demonstrations and community canvassing to secure the natural rights that were denied during autocratic regimes. In more recent decades, social movements have won LGBTIQ+, disability rights, democratic freedoms and elevated demands for the rights of nature. All of the transformative movements had advocacy and activism as their core activities.

Advocacy pushes for inclusive policies, challenges systemic barriers, and promotes social justice. Activists within the G20 countries employ strategies like protests and social media campaigns to raise awareness demanding action. They bring attention to global challenges and galvanize public opinion. They provide platforms for youth and underrepresented groups to have their voices heard. By fostering inclusivity, these forms of civic engagement strengthen the legitimacy of the G20 goals contributing to equitable outcomes.

Delegates will explore initiatives and campaigns that have driven change on various issues. They will examine the role of civil society organizations and grassroots movements in shaping policy outcomes and fostering dialogue with G20 representatives. Strategies for increasing the impact of advocacy and activism within G20 will also be discussed. The delegates are also expected to deliberate about the civic engagement of marginalized communities like LGBTQIA+ community.



YC - 4

POLITICISATION OF EDUCATION



YC - 4

POLITICISATION OF EDUCATION

"Education is the most powerful weapon which you can use to change the world Nelson Mandela. Education is the process of imparting knowledge and developing skills.

Politicization of Education is not new. It has been used in the past by countries like Germany and Japan to achieve certain agendas. In recent years, issues about politicization have led to concerns about compromising educational systems, curricula, and teaching methods, inhibiting critical thinking and preventing students from developing their own beliefs

The Group of Twenty promotes global collaboration and policy discussions for improved education. The UN Education Working Group and G20 Education Ministers Meetings aim to ensure inclusive, high-quality education for all. Academic institutions must remain unbiased, free from political influences, promoting intellectual diversity and knowledge. Respecting academic freedom in member nations fosters Intellectual rigor, innovation, and truth-seeking. Delegates can engage in discussions on the politicization of education, exploring its implications and potential consequences. They may discuss how education has become a tool for advancing political agendas, rather than fostering independent thinking, critical inquiry, and the pursuit of knowledge. Examine political ideologies' influence on educational policies, curriculum, and methods, resulting in biased or incomplete education. They can delve into the impact of such politicization on academic freedom, freedom of expression, and the overall learning environment within educational Institutions.



YF 3 THE CYBERVERSE



YF - 3 THE CYBERVERSE



YF - 3

THE CYBERVERSE

The term Cybervers, a fusion of "Cyber" and "Universe" refers to the vast and intricate digital universe.

It is an expansive realm where ideas, information, and communication flow freely, transcending physical boundaries and offering a myriad of opportunities and challenges. In the Cybervers, billions of individuals, organizations, and machines coexist, interact, and exchange data in real-time. This digital landscape has transformed the way we live, work, learn, and socialize, shaping nearly every aspect of modern society.

However, this envisioned digital future could be impacted by resource utilization issues. The Group of 20 (G20) aims to ensure inclusivity in all spheres of life and society, including this realm.

Building upon these concerns, it is crucial to highlight the 2015 OECD Council Recommendation from G20, emphasizing the management of digital security risks for economic and social prosperity. By implementing the principles outlined in this recommendation, G20 aims to promote a digital future that not only embraces innovation but also safeguards against potential threats, ultimately ensuring a prosperous and harmonious digital terrain for all.

This Youth Forum recognises the urgency to address these issues and will deliberate on two pressing concerns. Firstly, the growing problems related to technology addiction among youth, where they become slaves to its allure. Secondly, the critical task of dealing with data privacy threats like cyberbullying.



YC - 5

SLAVE OF THE

TECH



YC - 5

SLAVE OF THE TECH

Slave of the Tech suggests a state where an individual's life and actions are heavily influenced by technology, often to the extent that it negatively impacts their well-being and daily functioning. The WHO acknowledges the addictive nature of technology and its global impact, warranting serious attention to excessive internet and computer use as it significantly impairs users' functioning over time.

Following the COVID-19 pandemic, young minds suffered a loss of unique skills due to excessive reliance on AI. Disrupted schedules have now become common, with individuals seeking emotional stimulation through AI-based chatbots. Additionally, misinformation spread through the internet has led to defamation and unwarranted implications for innocent individuals. Moreover, constant exposure to influencers and the need to have stayed updated with current events have triggered body image issues and burnouts. Cyber addiction has also manifested as health conditions like insomnia and carpal tunnel syndrome.

These examples highlight the unhealthy relationship people have with technology. It's crucial for one and all to be aware of the potential negative effects of excessive technology use and practice digital mindfulness. Balancing the benefits of technology with the need for real-world connections, physical activity, and mental well-being is essential for maintaining a healthy and fulfilling life in the digital age. Hence, YC 5 delegates will discuss the aforementioned issues and seek ways to foster a healthier interaction with technology.



YC - 6

DIGITAL

SHADOWS



YC - 6

DIGITAL SHADOWS

In the rapidly evolving world of technology, the internet offers us an array of exciting features. In the rapidly evolving world of technology, the internet offers us an array of exciting features. However, this progress also comes with an increase of loopholes in the cyberspace.

Digital security threats and incidents like phishing, ransomware, and data breaches, which can affect organizations' image, finances, and even physical assets, are becoming increasingly difficult to track. According to a survey conducted in 2023, 39% of Indian families claimed to have experienced financial fraud in the past three years. Even more concerning is the fact that many cybersecurity organizations seem to prioritize helping only the wealthy or connected, leaving the majority of victims without proper assistance. Additionally, over 45% of Indian consumers have experienced identity theft, demonstrating the vulnerability of our personal information online. Cyberbullying is also a significant problem faced by people. According to several case studies, majority of cyberbullying cases involved teenagers where they were blackmailed and shamed in DMs and comment sections.

This Youth Committee aims to prioritize privacy, security, and inclusivity in the digital landscape, ensuring a safer online environment. During brainstorming sessions, delegates will discuss cyber threats, such as phishing and cyberbullying, and develop effective solutions. By fostering collaboration and empowerment, we strive to create a stronger, more connected, and safer cyberspace for all.



YF 4 YOURS MENTALLY



YF - 4 YOURS MENTALLY



YF - 4

YOURS MENTALLY

“Yours Mentally” provides a secure platform for young individuals to engage in open discussions regarding global issues that directly impact their mental health. This inclusive space addresses relevant topics such as self-harm (Heal the Scars) and the stigmatization of hormones in society (Hormone Harmony).

‘Heal the scars’ and ‘Hormone Harmony’ incorporates G20’s pursuit of expediting progress towards United Nations Sustainable development goals including ‘Good Health.’ Good health extends beyond physical well-being and encompasses mental well-being as well. Delegates are expected to contemplate in their respective youth committees on how a destigmatized environment for self-harm and fostering understanding of hormones in society can lead to a healthy mental well-being of youth. Mental health is not a destination but a journey. Being the change ambassadors delegates have the opportunity to initiate a change in their surroundings and help elevate and empower society.



YC - 7

HEAL THE

SCARS



YC - 7

HEAL THE SCARS

Trigger Warning: The following text contains discussions and references to self-harm, which may be distressing or triggering to some individuals.

Self-harm encompasses the deliberate act of inflicting harm on oneself without the intention of suicide. With utmost empathy, contemplate the circumstances of individuals who engage in self-harm as a means to express unexpressed emotional distress, self-punishment or to combat the numbing sensation they experience within. In the midst of their internal struggles and turbulent emotions, these individuals are in dire need of compassion and support. Regrettably, society often chooses to cast judgment instead.

Self-harm is frequently misunderstood due to a lack of awareness, with society associating it with "attention-seeking behavior" rather than acknowledging the profound emotional distress that underlies it. Alarming, the incidence of self-harm has witnessed an upward trend, with individuals as young as 13 years old engaging self-abusive behaviors. Statistics reveal that 17% of the population practice self-harm. Due to the stigma surrounding self-harm, 50% of individuals who engage in self-abuse seek help from friends rather than professionals.

Delegates aim to understand individuals struggling with self-harm and will investigate the adverse consequences of a destigmatized environment in society. The committee seeks to create compassion and understanding, promoting mental wellbeing and aligning it with the G20 summit's pursuit to expedite the progress of United Nations third Sustainable development goal of 'Good Health.'



YC - 8

HORMONE

HARMONY



YC - 8

HORMONE HARMONY

It is widely recognized that hormones play a crucial role in puberty. Teenagers go through various physical and emotional changes influenced by hormone secretions. As a result, more intense emotions and a greater propensity for aggressive or confrontational behavior can be seen in them

This hormonal shift most often results in mood swings, irritation, anxiety and depression.

Adolescence is a phase of self-exploration and gradual formation of individual identity and ideologies. During this process, teenagers often question their own beliefs and values. Unfortunately, the understanding and support they receive from those around them may be lacking, leading to emotional invalidation and a sense of confusion.

In this committee, delegates are expected to discuss adolescent hormonal changes, the hormones involved behind those changes, and societal perception, aiming to identify root causes and propose effective solutions to destigmatize the concept.

As change ambassadors, delegates will contemplate on the far-reaching effects of destigmatizing hormones in society, aiming to foster a healthy mental well-being of youth, and taking a step forward to accomplish the pursuit of G20 2023 to expedite the progress on United Nations third Sustainable Development Goal of 'Good Health.'



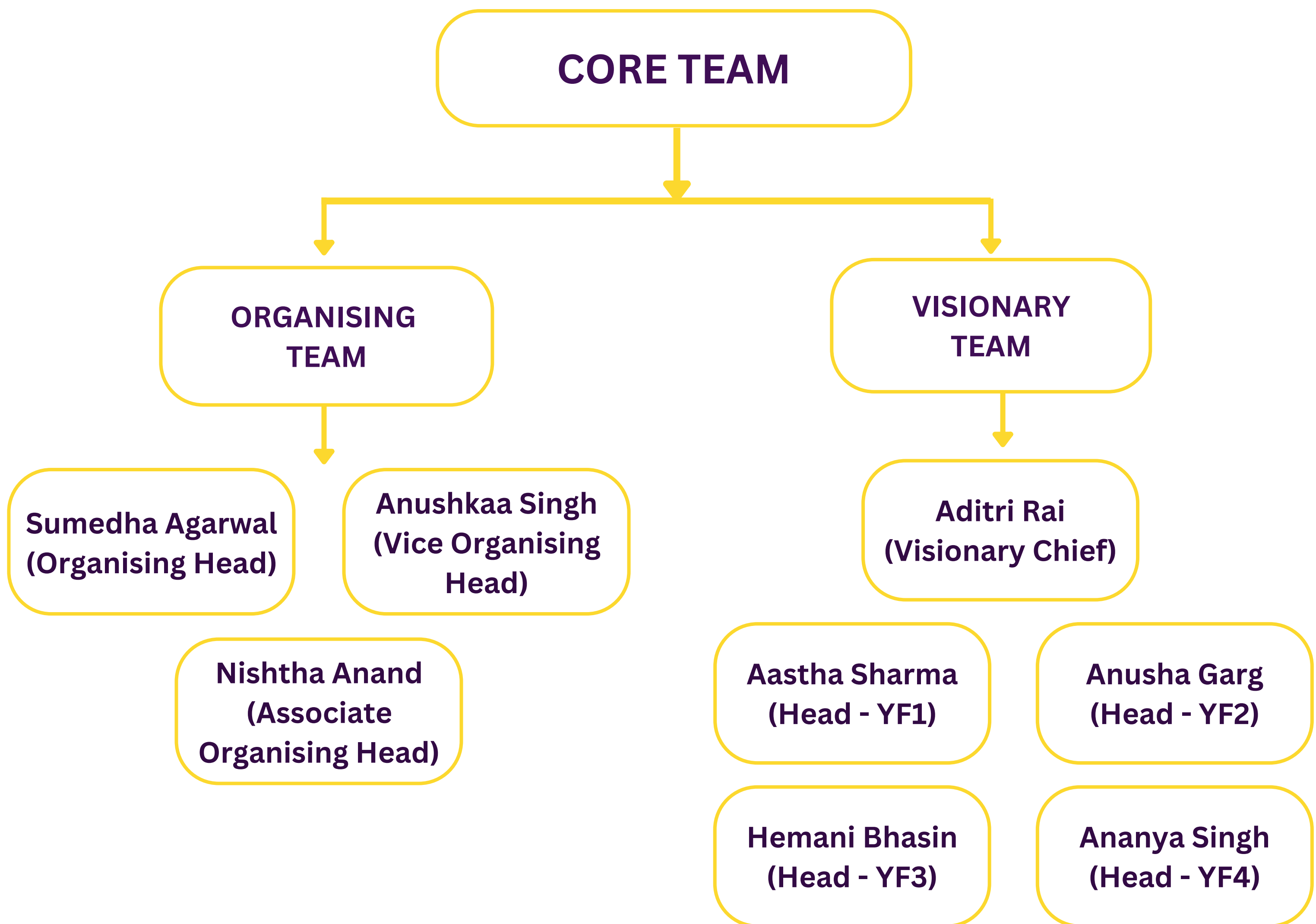
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EPILOGUE: MEET THE TEAM



THE TEAM





CONTACT US

For any query, kindly contact:

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YF 4: Yours Mentally	Ananya Singh	ananya.hg7@gmail.com



GUIDELINES

- Schools must register for the event through the given registration link: <https://forms.gle/DfPCdwxBBJt1G8DZ7> latest by August 8, 2023
- 8 youth leaders from each school in the order of 2+4+ 2 from grades IX, X and XI, respectively are invited to participate in the event.
- All participating schools must reach the campus (Uttam School for Girls) on time.
- Please ensure that there is one teacher escort with the participants.
- Participants should be dressed in their school uniform with I-card on day 1 and 2. On day 3 participants can wear the YTC T-shirts.
- Refreshment coupons can be collected by the teacher escort from the registration counter on each day.
- Participants are not allowed to carry mobile phones in the school premises however, one laptop per team is allowed for research work.



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